

Wellness and Intervention Services



CAYUGA[®]
COMMUNITY COLLEGE

www.cayuga-cc.edu



Health and Wellness Services understands that success in college extends far beyond the classroom. We adopt a model that serves an individual's physical, psychological, social, cultural, and spiritual needs among others. Working with many entities on and off-campus, our goal is to make sure that you have all of the tools you need to succeed while at Cayuga Community College.



WE OFFER

Individualized counseling using a brief, solution focused model

Education and Prevention programs on various topics

Referral services to professional both on and off-campus

In-House specialty services giving students direct access to resources concerning violence prevention and health matters

Annual health fairs and special events



DR. JERIMY BLOWERS, PHD, LMHC

jblowers@cayuga-ccedu
Auburn Campus

Dr. Blowers holds a doctorate in Behavioral Medicine, is a licensed Mental Health Counselor in NY, and possesses specialized training in addiction and integrated health

Has served over 20 years as a professor, program director, and behavioral health professional

He is a graduate of Cayuga Community College and the State University of New York (SUNY) system

He is currently advisor for SAGA (Sexuality and Gender Acceptance) and NAMI (National Alliance n Mental Illness) clubs on campus





CHRISTINA BENTLEY

cbentle2@cayuga-cc.edu
Fulton Campus

Christina holds a Master's specializing in school counseling and areas of community outreach and referrals

She had worked in the Human Services field for over 15 years, serving at-risk youth and families in Oswego County experiencing issues of homelessness, teen pregnancy and domestic violence

She is advisor for the Fulton Campus SAGA (Sexuality and Gender Acceptance) and NAMI chapter (National Alliance on Mental Illness)

Stop in any time:

Jerimy is in Room M238 on the Auburn campus
Christina is in Room F255 on the Fulton campus

Email us:

Drop us a note and we will respond as quickly as we can

Jerimy: jblowers@cayuga-cc.edu

Christina: cbentle2@cayuga-cc.edu

Give us a call:

Jerimy Blowers: 315-295-8526

Christina Bentley: 315-593-9310



State University of New York

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